



# Enjoy a Healthy School Meal this Spring

## How to Order: Online [www.kingswoodcatering.co.uk](http://www.kingswoodcatering.co.uk)

You have until Wednesday at midnight to order for the next week – just register, log on, order and pay – simple.

Please note there is a 10p administration fee for using this service.

If you are not able to order via the internet please give our office a call on 01536 201203 between 9am and 4.30pm so that we can arrange an alternative ordering method for you. Children entitled to Free Meals can make a choice and order online

**The price of a school dinner is £2.30 per day or £11.50 per week.**

**Special Offer: 3 children for the price of 2 on full weeks. Please ring our office 01536 201203 for details**

Orders for the start of the term can be placed up to midnight on Wednesday of the week before the children are due to have meals. Unfortunately if you miss the order cut-off date we are unable to accept late orders.

**If you have any difficulties ordering online please contact our office and we will try to help.**

We will do everything possible to provide the menu published, although occasionally there may be unforeseen circumstances which might result in a change to the menu without any notification. Drinking water and plain wholemeal bread is available daily. Some products may contain small bones. We do not use nuts in any of our recipes and our production kitchens are nut free, however we cannot guarantee that all the products purchased from our manufacturers have been made in a nut free environment. All fish products are from a sustainable source. Please see 'more information' on our website menus for allergen information.

**Cancellation – if your child is not in school we are not able to offer a meal credit unless we have been informed by midnight the day before.**

**Please contact our Office on 01536 201203 or email: [enquiries@kingswoodcatering.co.uk](mailto:enquiries@kingswoodcatering.co.uk)**



**Weeks commencing:**  
 19/02/2018    12/03/2018  
 16/04/2018    07/05/2018

**kingswood catering**  
*food for thought*



Choose one of the following delicious meals

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 Main Meal</b>	Pork Meatballs with Tomato Sauce Wholemeal Pasta Sweetcorn	Cheese and Tomato Pizza Baked Beans	Chicken Tikka Naan Bread Rice Mixed Vegetables	Roast Turkey Fillet with Gravy Roast Potatoes Diced Carrots	Harry Ramsden's Fish in Batter Chips Garden Peas
<b>2 Vegetarian Alternative</b>	Quorn Swedish Balls in Tomato Sauce Wholemeal Pasta Sweetcorn	Baked Sweet Potato with Vegetable Tagine Green Salad	Sweet Potato and Vegetable Tikka Naan Bread Rice Mixed Vegetables	Roast Quorn Fillet in Gravy Roast Potatoes Diced Carrots	Cheese & Pepper Quiche Chips Garden Peas
<b>3 Picnic Lunch</b>	Tuna Mayonnaise Sandwich	Houghton Ham in a Soft Roll	Cheddar Cheese Roll	Houghton Ham Sandwich	Sliced Cheddar Cheese Sandwich
<b>4 Hot Pot or Salad</b>	Chicken and Tomato Pasta Hotpot	Cheesy Pasta Pot	Meaty Bolognese Pasta Pot	Hot Coronation Chicken with Rice	Quinoa, Quorn and Vegetable Stir Fry
<b>5 Jacket Potato</b>	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato with Baked Beans	Jacket Potato and Cheese	Jacket Potato and Baked Beans

Every picnic lunch includes fruit from the bowl, snack items and water

<b> pudding</b>	Frozen Yoghurt	Melon and Pineapple Platter	Chocolate Sponge & Evaporated Milk	Ice Cream with Fruit Salad	<b>New</b> Shrewsbury Biscuit
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Weeks commencing:  
26/02/2018 19/03/2018  
23/04/2018 14/05/2018

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Choose one of the following delicious meals	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 Main Meal</b>	<i>New</i> Chicken Sausages Diced Potatoes Baked Beans	Beef Bolognaise Pasta Mixed Vegetables	<i>New</i> Breaded Chicken Fillet with Sweet Chilli Dip Rice Sweetcorn	Roast Beef Slice and Yorkshire Pudding Gravy Roast Potatoes Diced Carrots	Salmon and Sweet Potato Fishcake Chips Garden Peas
<b>2 Vegetarian Alternative</b>	Linda McCartney Sausage Diced Potatoes Baked Beans	Minced Quorn Bolognaise Pasta Mixed Vegetables	Butternut Squash Samosa and Dip Rice Sweetcorn	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Diced Carrots	Plain Omelette Chips Garden Peas
<b>3 Picnic Lunch</b>	Tuna Mayonnaise Sandwich	Houghton Ham in a Soft Roll	Cheddar Cheese Roll	Houghton Ham Sandwich	Sliced Cheddar Cheese Sandwich
<b>4 Hot Pot or Salad</b>	Chicken and Tomato Pasta Hotpot	Cheesy Pasta Pot	Meaty Bolognaise Pasta Pot	Hot Coronation Chicken with Rice	Quinoa, Quorn and Vegetable Stir Fry
<b>5 Jacket Potato</b>	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Baked Beans

Every picnic lunch includes fruit from the bowl, snack items and water

<b> pudding</b>	Mousse Swirl	Melon and Pineapple Platter	Ice Cream with Fruit Salad	Guilsborough Biscuit	Iced Carrot Cake
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Weeks commencing:  
05/03/2018 26/03/2018  
30/04/2018 21/05/2018

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food for thought



Choose one of the following delicious meals	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 Main Meal</b>	Marinated Chicken BBQ Dip Rice Sweetcorn	Sausages Herb Potatoes Baked Beans	<i>New</i> Pork Loin Casserole Potatoes in Skins Mixed Vegetables	Roast Chicken in Gravy Roast Potatoes Diced Carrots	<i>New</i> Bubble Coated Fish Bites Chips Garden Peas
<b>2 Vegetarian Alternative</b>	Vegetable Samosas with a BBQ Dip Rice Sweetcorn	Linda McCartney Sausage Herb Potatoes Baked Beans	Macaroni Cheese Mixed Vegetables	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Diced Carrots	Plain Omelette Chips Garden Peas
<b>3 Picnic Lunch</b>	Tuna Mayonnaise Sandwich	Houghton Ham in a Soft Roll	Cheddar Cheese Roll	Houghton Ham Sandwich	Sliced Cheddar Cheese Sandwich
<b>4 Hot Pot or Salad</b>	Chicken and Tomato Pasta Hotpot	Cheesy Pasta Pot	Meaty Bolognaise Pasta Pot	Hot Coronation Chicken with Rice	Quinoa, Quorn and Vegetable Stir Fry
<b>5 Jacket Potato</b>	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Baked Beans

Every picnic lunch includes fruit from the bowl, snack items and water

<b> pudding</b>	Blueberry Muffin	Melon and Pineapple Platter	Ice Cream with Fruit Salad	Chocolate Flavoured Cookie	Banana Bread
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